

**EXSPORTISE CAMP IN ASSOCIATION WITH ARSENAL SOCCER SCHOOLS  
2010 COURSE REGISTRATION FORM**

Select your camp:

Seaford: <input type="radio"/>		Clayesmore: <input type="radio"/>		Oundle: <input type="radio"/>	
Camp 1: July 4 to July 10 <input type="radio"/>			Camp 5: August 1 to August 7 <input type="radio"/> (Seaford only)		
Camp 2: July 11 to July 17 <input type="radio"/>			Camp 6: August 8 to August 14 <input type="radio"/> (Seaford only)		
Camp 3: July 18 to July 24 <input type="radio"/>			Camp 7: August 15 to August 21 <input type="radio"/> (Seaford only)		
Camp 4: July 25 to July 31 <input type="radio"/>					

Mr/Mrs/Ms/Miss (Please circle) Your Full Name:

English Classes Option

Child's First Name:	Child's Family Name:
Date of Birth:	Age:
Home address:	Zip Code:
City, State:	Country:
Telephone Number:	Nationality of Participant:
Mobile Telephone Number:	Male: <input type="checkbox"/>
Email address:	Fax Number:

Have you been on this Camp before?  YES  NO

Airport Transfer:  YES  NO

This Sports Camp has vigorous exercise each day. The participant has received the required medical clearance for full participation in all events:  YES  NO

Field Positions:  Striker  Midfielder  Defender  Goalkeeper

Course:  7 day residential (Sunday - Saturday)  14 day residential (Sunday - Saturday)

Present level in chosen sport: Beginner  Intermediate  Advanced

Present level in English: Beginner  Intermediate  Advanced

Where did you hear about Exsportise Camp?

Paper/magazine [  ] School [  ] Local youth team [  ] Radio / TV [  ] Family/friend [  ]

**Agreement. I confirm that I have read the conditions of payment, Terms and Conditions and the General information, which I accept. I understand that the deposit is non-refundable in the event of my cancellation and that all fees and expenses must be settled by April 30, 2010 for July courses or May 31, 2010 for August courses.**

Printed Name of Parent or Guardian:

Signature of Parent or Guardian:

Date:

These terms and conditions are issued by Exsportise Camps. By your completion and submittal of registration forms, you agree and acknowledge that you are over 18 years of age and that you have read and agree to the terms and conditions, including the Privacy Policy, of Soccer Camps International as provided, and as updated from time to time, on [www.soccercampsinternational.com](http://www.soccercampsinternational.com) website and which includes that **SOCCER CAMPS INTERNATIONAL HAS NO AUTHORITY OR CONTROL OVER THE OPERATION AND/OR RULES OF THE CAMP.**



**SOCCER CAMPS INTERNATIONAL CARDHOLDER CHARGE AUTHORIZATION FORM**

Payment of fees for: \_\_\_\_\_  
Name of Participant(s)

Name of Sports Camp: \_\_\_\_\_ Date of Attendance: \_\_\_\_\_

This letter shall serve as authorization for **SOCCER CAMPS INTERNATIONAL**, 3790 El Camino Real, PMB 2018, Palo Alto, CA 94306, USA, to charge the following amount(s):

Reservation Deposit Fee of US \$ 500 (per week reserved) X \_\_\_\_ for a total of US \$ \_\_\_\_\_  
**and** authorized for further charge, prior to Date of Attendance mentioned above, the Camp Fee Remaining Balance of US \$ \_\_\_\_\_

(For programs which begin in June/July 2010, your final payment will be automatically debited on April 30, 2010. For programs which begin in August 2010, your final payment will be automatically debited on May 31, 2010)

Payment in Full of US \$ \_\_\_\_\_

**to my:**

Visa     MasterCard     American Express     Discover

Card #: \_\_\_\_\_ Expiration Date (mm/yyyy): \_\_\_\_\_

Security Code: \_\_\_\_\_

(The non-embossed 3 numbers on the back of your Visa or MasterCard or the 4 numbers on the front of Amex card.)

Cardholder Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ FAX: \_\_\_\_\_ Email: \_\_\_\_\_

By my signature below, I certify that I am over 18 years of age and that I am the parent or legal guardian of the camp participant and that I have read, understood, and agree to the terms and conditions on Soccer Camps International website and for the applicable camp. I agree to the above charges and agree not to 'chargeback' such charges authorized or in any way cause a delay in the payment from the credit card company to Soccer Camps International. Please note, as per the terms and conditions provided on Soccer Camps International website, in the event that your 'camper/child' requires urgent medical care, as determined by the specific 'Sports Camp', your credit card may be charged the cost of such care/treatment, or to pay for any damages to 'Sports Camp' property caused by your camper/child, or with your prior written approval (your email may serve as such) pay for additional classes, offerings or services.

All fees to be in US Dollars.

Cardholder Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# BOOKING CONDITIONS

## **Booking**

Responsibility for the details of bookings and for payments lies with the person making the initial booking and this person must be over 18 years of age.

## **Confirmation and Payment**

Your booking will be confirmed after we receive your booking and the appropriate deposit. Payment of the deposit is regarded as your acceptance of the booking conditions and is non-refundable. If full payment is not received by final payment due date, exsportise reserves the right to refuse entry to the course and to withhold the cancellation fee at the rates shown below.

Payment can be made by credit card, bank transfer.

## **Administration Charge**

Please note, we reserve the right to levy an administration charge of \$30 in respect of any changes made to the booking details after the initial booking has been confirmed.

## **Cancellation**

If you wish to cancel your exsportise course, for whatever reason, your deposit will be forfeited to cover administration costs. Until written confirmation is received we will continue to hold your booking. All cancellations are subject to the following charges:

Up to May 1, 2010: \$400 per week reserved

After May 1, 2010, cancellations received after this date will not be entitled to any refunds.

No compensation will be paid or refund given if cancellation or change by the company is brought about by war, strikes, technical problems with transportation, weather or any other event outside the control of the company.

## **Negligence**

Exsportise accepts responsibility for those elements of the course under our direct control if caused by proven negligence of the company or its employees. We cannot accept responsibility for the loss of enjoyment due to the following factors: travel arrangements, strikes, bad weather, loss or damage to luggage or personal property, personal injury or illness suffered whilst on the course, including when we use sub-contractors such as transportation companies.

## **Programme Changes**

Exsportise will always try to fulfil your requirements stated on your booking form, however we reserve the right to alter or cancel any courses, accommodation and other arrangements that are beyond our control. The company reserves the right to cancel a sport in case of insufficient numbers. The client accepts that certain activities may not take place on camp.

## **Incompatibility**

The company reserves the right to exclude or refuse any person at any time prior to or during the activity or course if, in the company's opinion, that person is not compatible with the general enjoyment and well being of other clients or the satisfactory administration of the activity or course. In this instance the company will give no refund of the cost of the course. All students are subject to the course rules laid out in the final information pack. Any breach of these may result in students being sent home at their own expense.

## **Compensation**

In the unlikely event that a child experiences a problem or difficulty while at camp, the matter should be reported immediately to:

1. The Centre Manager who has the authority and direct knowledge to deal with most queries.
2. If he or she fails to solve your problem to your satisfaction, then write to us at our Head Office within 10 days of your child leaving camp. We will only compensate complaints if both conditions are met.

## **Disclaimer**

The charge per week is inclusive of VAT (17.5% at the time of going to print). We guarantee not to increase our holiday charges unless there is an increase in VAT, in which case the increase shall only cover this additional tax. The details on this brochure are published in good faith as at December 2009. The brochure is the responsibility of the company. They are not issued on behalf of any other centres used by the company (Exsportise Ltd).

These terms and conditions are issued by Exsportise Camps. By your completion and submittal of registration forms, you agree and acknowledge that you have read and agree to the terms and conditions, including the Privacy Policy, of Soccer Camps International as provided, and as updated from time to time, on [www.soccercampsinternational.com](http://www.soccercampsinternational.com) website and which includes that SOCCER CAMPS INTERNATIONAL HAS NO AUTHORITY OR CONTROL OVER THE OPERATION AND/OR RULES OF THE CAMP.





**Consent Form 2010**

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**1. Travel by road:** Do you consent to Exsportise driving your child in an emergency, eg to a doctor or hospital?

YES/NO

**2. Excursions** (if booking is for two weeks or more): do you consent to Exsportise taking your child on organised excursions during their stay?

YES/NO

**3. Swimming:** Do you consent to your child taking part in recreational swimming?

YES/NO

**4. Dental and Medical Treatment:** Do you consent to your child receiving treatment in a medical or dental emergency?

YES/NO

**5. Medication:** Do you consent to Matron giving your child pain killers (e.g.Paracetamol) for headaches, period pains or muscular strains?

YES/NO

**6. Special Needs:** Please tell us if your child has any of the following we should know about:

YES/NO

Prescribed Medication \_\_\_\_\_

Special diet \_\_\_\_\_

Allergies \_\_\_\_\_

Other (attach extra page if necessary) \_\_\_\_\_

\_\_\_\_\_

**7. Date of last Tetanus Injection if known** \_\_\_\_\_

**8. I and my child agree to abide by Exsportise Rules and Code of Conduct as shown in the Student Guide**

Signed .....Date.....

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During Exsportise courses there is a possibility of media coverage such as photographers, reporters, TV/film crews etc. It is a legal requirement for Exsportise to obtain permission for the participant(s) to be filmed or photographed at any time during the event. There is also a possibility they may be interviewed. Exsportise use a lot of photographs to publicise future events in Exsportise publications, and on the Exsportise website. If you do not wish your child to be photographed, filmed or interviewed please contact the Exsportise Head Office immediately and they will ensure your wishes are adhered to. Contact details for the office can be found at the top of this page.

Thank you for your help in this matter.

Kind regards,  
Exsportise Limited

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**Travel Form 2010**

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It is very important for our Travel Co-ordinator to have your arrival and departure details as far in advance as possible, even if you are dropping off and collecting yourself.

Self drop off 15.00 – 16.30 on Sunday of arrival.

Self-collection 9:00 – 11:00 on Saturday of departure.

Flight/train departures **MUST** be between 12 noon and 17.00.

A separate charge will be made for transfers outside of these hours on an individual basis.

Please use a separate form for each child.

**Child's Name:**

**Child's Date of Birth:**

**Customer Reference Number (if known):**

**Booking Number (if known):**

**Camp :** Clayesmore School      Oundle School      Seaford College      (please circle)

**Date of Arrival:**

**Time of Arrival:**

**Travelling From:**

**To**

**Airport:** Eurostar      Self      (please circle)

**Flight Number:**

**Airport Terminal:**

**Date of Departure:**

**Time of Departure:**

**Travelling From:**

**To**

**Airport:** Eurostar      Self      (please circle)

**Flight Number:**

**Airport Terminal:**

**Unaccompanied Minor:**

YES

NO

Name to give the airline is: Miss Verena Sambel – Exsportise Transport Coordinator

Our Emergency Contact Telephone Number for Days of Travel **ONLY** - 0044 (0) 7787 383 880

Your Emergency Telephone Number for Travel Days: \_\_\_\_\_

## Travel Insurance summary of cover for students of Exsportise Ltd

This insurance is available to students of Exsportise Ltd ('the school') for whom the appropriate premium has been paid, whilst attending a course of study ('the trip') outside their country of domicile, within the UK or Eire. This includes cover for an incidental holiday within Europe taken outside the UK or Eire during the trip, up to a maximum of 7 days for each student. Students must be aged 7 years or more and under 70 years of age at the time of booking their academic course. Insurance can not be offered to professional sportsmen or professional entertainers.

This summary does not contain the full terms and conditions of the policy. A full copy of the policy wording is available from the school. The insurance is underwritten by ACE European Group Limited (ACE).

### Period of cover

Cover under the cancellation section commences as soon as the trip is booked and ends when the student leaves home to commence the trip. Cover under the other sections commences as soon as the student leaves home on the first day and ends when they reach home on the last day of the trip. Cover for up to 7 days travel within Europe is also covered by this policy.

### Cover

Benefits or Limit of Indemnity (Personal Liability)	Amount of cover	Policy Excess
<b>Personal Injury</b> – death, permanent total disablement or loss of limb(s)/eye(s)	£15,000 (£5,000 for death in respect of students aged under 18 years)	NIL
<b>Medical Expenses</b>	£1,000,000	£25
<b>Emergency Repatriation Expenses – including ACE Assistance</b> - 24 hour multi lingual emergency medical assistance service	Unlimited	NIL
<b>Personal Belongings</b>	up to £2,000- (limit £250 for valuables/£250 any one article, pair or set)	£25
<b>Delayed or Lost Personal Belongings</b> - purchase of essential items	up to £100	NIL
<b>Money</b>	up to £250- (limit of £100 for coins and/or banknotes)	£25
<b>Emergency Replacement of Passport</b>	up to £250	£25
<b>Cancellation/Curtailment</b>	Up to £5,000	£25
<b>Travel Delay</b> – after the first 12 hours	£20 up to £1,000	NIL
<b>Missed Departure</b>	up to £500	£25
<b>Personal Liability</b>	up to £1,000,000	NIL

### Aggregate Limits of Liability

If the aggregate amount of benefits for all insured students exceeds the amounts below, the benefit paid to each student will be proportionately reduced until the total does not exceed the Aggregate Limits:

Personal Injury: - £750,000 per event; Cancellation/Curtailment: - £50,000 per trip or event overall.

KEY: £ = GBP (pounds sterling)

### SIGNIFICANT EXCLUSIONS

There are some situations for which the insured student is not covered. These generally involve anything the insured student already knows about or that are caused by deliberate or illegal acts on the part of the insured student or whilst the insured person is outside Europe. The most significant exclusions of this policy are set out here.

Claims due to the following causes will not be paid:

- losses occurring during trips outside Europe (General Exclusion 1c)
- students participating in aerial pursuits, winter sports, air travel other than as a fare-paying passenger, hazardous activities or travel on a motorcycle over 125cc (General Exclusions 2b & 2c)
- consequential losses of any nature (General Exclusion 3)
- medical expenses in the country of domicile (Section 2 Medical Specific Exclusion 7)
- unattended valuables unless suitably locked away (Section 3 Specific Exclusion 2)
- loss or theft not reported to the police within 24 hours (Section 3 Specific Exclusion 4)
- regulations or order made by Public Authority or Government (Section 5 Specific Exclusion 8)

**ACE ASSISTANCE – Medical Emergency Service: In the event of a medical emergency, telephone ACE Assistance on 020 7173 7798** (from within the United Kingdom), 44 (0) 20 7173 7798 (from outside the United Kingdom) at any time of the day or night, 365 days a year. ACE Assistance will give you advice and assistance in the event of any medically related emergency. **ACE Assistance will decide the most appropriate course of action to help you through the emergency**  
**Please quote your name and the Policy Number. Please remember to give a telephone number where you can be contacted.**  
**Personal Belongings Delay:** Emergency replacement clothing and toiletries following: loss or delay of your baggage for more than 12 hours can be purchased immediately (up to £100). Please keep all receipts of purchases.



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## PARENTS GUIDE

Exsportise welcomes students from all around the world to their Summer Camps and they look forward to meeting your child soon.

Please use the information enclosed as your guide before, during and after your child's stay with Exsportise. In the following pages we aim to answer any possible questions you may have. Please do not hesitate to contact us if you are ever in any doubt.

All Exsportise staff are dedicated, enthusiastic and professional. Before they start working for Exsportise they all have to pass a Criminal Records Bureau check and also undergo training in first aid, pastoral care and Health & Safety procedures. Exsportise sports coaches are fully qualified in their chosen sport and Exsportise English teachers all hold a T.E.F.L. qualification (Teacher of English as Foreign Language).

### BEFORE THE START OF CAMP

**Before Departure** – Make sure that your child has been practising or playing their chosen main sport as much as possible so that they will be fit and ready to begin their course when they come to camp. This is particularly important for those who are on an Academy Course.

**Behaviour** – Exsportise hope that every student who joins them will enjoy all aspects of their stay. Teasing, bullying and any unacceptable behaviour will not be tolerated and will be dealt with by the Centre Manager. Fortunately, Exsportise has very few incidents that require them to implement Exsportise Rules and Code of Conduct procedures. If, during their stay, your child informs you of any problems relating to the above then please inform the Centre Manager or one of the Centre Administrators immediately (see below for details).

If the Centre Manager decides that due to persistently bad behaviour a student has to be sent home then this will be entirely at the expense of the parent or guardian concerned. Under these circumstances Exsportise will not consider a refund.

Exsportise staff will provide 24 hour on and off site supervision and there is also C.C.T.V. in operation in some areas of the centres. Group Leaders and Exsportise staff have rooms that are adjacent to the students' rooms. Should anyone wilfully try to leave their sleeping accommodation at night, thereby putting their own and others safety at risk, then they will be sent home. Again, under these circumstances Exsportise will not consider a refund.

### **Booking your Child's Flight**

When booking the flight (or Eurostar), please take note of the following arrival and departure times that Exsportise strongly suggest.

#### Arriving in the United Kingdom (Sundays)

Centre	Point of arrival	Arrival times
Seaford College	Gatwick, Heathrow, St Pancras	Between 10.00 and 15.00
Clayesmore School	Gatwick, Heathrow, St Pancras	Between 10.00 and 14.00
Oundle School	Heathrow, St Pancras, Stansted	Between 10.00 and 15.00

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Departing from the United Kingdom (Saturdays)

Centre	Point of arrival	Arrival times
Seaford College	Gatwick, Heathrow, St Pancras	Between 12.00 and 17.00
Clayesmore School	Gatwick, Heathrow, St Pancras	Between 12.00 and 17.00
Oundle School	Heathrow, St Pancras, Stansted	Between 12.00 and 17.00

Please make sure that you try and book a flight that is within these times. Flights outside these times might be cheaper but they might be extremely inconvenient for your child, bearing in mind that Exsportise needs to travel to or from the centre as well (and England is a lot bigger than you think). Furthermore, booking a very early flight for your child might mean that they are the only student at the centre for some time, which is not pleasant. Equally, very late flights mean your child misses dinner or goes to bed extremely late.

Travel outside of these times, places and Exsportise normal arrival and departure dates will be charged individually.

Book your travel as soon as possible after confirmation of your booking and let us know your child's itinerary as soon as you have booked.

Please contact Exsportise on the day of travel on the emergency number +44 (0)7787 383880, if:

- Your child's flight is cancelled,
- Your child's flight has a very long delay (2 hours or more),
- Your child has missed the flight.

**Each airline and the Eurostar have their own rules and regulations on Unaccompanied Minors so please check very carefully in their booking conditions when making your reservation. If your child is travelling as an Unaccompanied Minor you will need to supply the airline with the following information:**

<b>Name of person supervising the collection of your child</b>	<b>Miss Verena Sambel</b>
<b>Emergency contact for day of travel only</b>	<b>+44 (0) 7787 383 880</b>
<b>Head Office contact</b>	<b>+44 (1) 444 444 777</b>
<b>Name of centre and contact number</b>	<b>Seaford College, Clayesmore School or Oundle School (full details below)</b>

**Dropping off and Collecting at the Centre** – You may wish to bring and/or collect your child yourself and have a look around where your child will be staying. You are more than welcome to do so but please do observe the following dropping-off and collection times. If, for any reason, you have a problem on the day of travel please contact the centre.

Self Arrivals – Sundays between 15.00 and 16.30  
 Self Departures – Saturdays between 09.00 and 11.00



**Health** - If your child has problems at home or school or if they have any pre-existing medical problems, please let Exsportise know as soon as possible. It is a rare occurrence when Exsportise has not been able to accommodate a student but the more information Exsportise has the more Exsportise is able to understand and help. When completing the Medical Form please give us as much information about any condition that may affect your child while they are at camp. If they need to bring any medication with them please give us full information about dosage, time to take the medication and storage information too. Each centre has a Medical Room where your child can go to take their medicine under supervision or if they feel unwell at any time during their stay.

**ALL MEDICINES MUST BE HANDED IN FOR SAFE AND CORRECT STORAGE**

If you live in a country that is part of the European Union please make sure that your child comes to camp with a current complete E111 or EHIC form. This will ensure that they can be seen by Exsportise doctors at no cost.

**Packing** – Make sure that your child has all the things that they need to wear or use for their main sport e.g. trainers, shorts, t-shirts, protective gear. They will also need some casual clothes to wear during the evening and weekends and some clothes suitable for wet weather, A What To Bring List is attached. Your child will also need a small bag containing personal toiletries.

**MARK EVERYTHING WITH YOUR CHILD’S NAME**

Your child might want to bring valuable items to camp like iPods, phones, cameras etc. . Exsportise recommend they hand them in to the Centre Manager or Centre Administrator on arrival for safe-keeping. They will also have to hand in any passports, tickets and pocket money which will be kept safe and is accessible daily between 17.00 and 18.00 from the office.

**WE and EXSPORTISE LTD CANNOT ACCEPT RESPONSIBILITY FOR: laptops, cameras, mobile phones, iPods, etc.**

**Payment and Completing your Booking** – The booking confirmation will highlight the payment conditions in detail. Please be aware that failure to complete payment or any other part of the booking process, including travel details and consent forms, will result in cancellation of your booking.

**Pocket Money** – Recommend amounts:

1 week stay	Age 10 - 14 years	Max £20.00	£5, £1 or 0.50p
1 week stay	Age 15 – 16 years	Max £50.00	£10, £5, £1 or 0.50p
2 week stay	Age 10 – 14 years	Max £80.00	£10, £5, £1 or 0.50p
2 week stay	Age 15 – 16 years	Max £150.00	£10, £5, £1 or 0.50p



If your child is coming to camp for one week then they will only need a small amount of spending money for the Tuck Shop, this is where they can buy some chocolate or a drink during opening times. If they are staying longer then there are weekend excursions where they will get the chance to do some shopping so extra money will be needed for souvenirs.

**PLEASE DO NOT GIVE YOUR CHILD EUROS – THE CENTRES ARE NOT NEAR TO BANKS AND EXSPORTISE CANNOT ACCEPT THEM OR CHANGE THEM INTO £s**

**EXSPORTISE CANNOT TAKE MONEY FROM YOUR CREDIT CARD IN ORDER TO GIVE YOUR CHILD EXTRA POCKET MONEY DURING THEIR STAY.**

The reason Exsportise request more pocket money for your child if they are 15 or 16 years old is because Exsportise has a 15 and 16 year old Evening Entertainment Programme at each centre. They will be given the opportunity to go to the cinema, bowling or something similar and they will need to pay for this at the centre if they wish to join in. There are 2 evenings arranged each week and students will be accompanied by staff members at all times when they are off site.

**Room Sharing** – Your child may be coming to camp with a friend or relative and perhaps they might like to share a room during their stay. If you have not already done so please make a room share request by telephone or email us. Exsportise CANNOT guarantee that they will be able to find a suitable room but they will try their very best. Exsportise uses English Boarding Schools for their camps and not hotels so Exsportise hope you can appreciate that the rooms are not always regular shapes and sizes. (The rooms are clean and suitably equipped for students). Sometimes Exsportise can have over 100 requests per week to deal with so some will be disappointed. However, the whole nature of Exsportise camps is for Exsportise students to make new friends from countries other than their own so perhaps sharing a room with someone new could mean a friend is made and this does happen on many occasions.



## DURING YOUR CHILD'S STAY AT CAMP

**Arriving at the Centre** – When your child arrives by plane or Eurostar a member of staff will be waiting to meet them in the Arrivals Hall. The person will be wearing an I.D. badge, a bright orange T-shirt with Exsportise printed on it and carrying a board with Exsportise on it. Your child might immediately be taken to a mini bus and taken to camp straight away or they might have to wait for some other new arrivals before they set out on their journey to the centre. Under normal circumstances Exsportise will not wait longer than two hours. Sometimes, due to heavy traffic or problems on the roads, Exsportise might use Public Transport for the journey.

When they do arrive they should phone home to let you know that they have arrived safely. They will then be checked in and shown to their rooms and told what will be happening next, either a tour of the centre, a game of football or tennis or dinner etc.

If your room share request has not been possible and your child telephones to tell you about this please tell them to go and speak to the Centre Administrator who might be able to help. But remember Exsportise cannot meet all room share requests as the accommodation available to them is limited due in some part to the ages and sexes or the students who come to camp. The Centre Administrator will, if possible, make a room change but it may not be an immediate change. Your child might have to wait for everyone to arrive, which could be on Monday, to see if any other rooms become available. Exsportise would be grateful if you could reassure your child that this is not an important part of their stay with Exsportise, they will only ever be using their rooms to sleep in. Each day can be spent taking part in sport, English classes or Evening Entertainment with their friend or relative.

**Bedtimes** – After a full day of sports coaching, (English classes) and then a lively session of Evening Entertainment most students find that they are tired so Exsportise do try to ensure that everyone gets a good night's sleep.

**Birthdays** – It is always best to remind the Centre Administrator if your child has a birthday while they are at camp. Exsportise try to make it a really special day with a birthday cake.

**Certificates** – All students should bring home a sports certificate from their sports coach and if applicable a language certificate too from their class teacher.

### **Contact Information**

Exsportise Ltd  
C/O Seaford College  
Lavington Park  
Petworth, West Sussex

GU28 0NB  
United Kingdom  
Tel.: +44 (0)1798 867828



C/O Clayesmore School  
Iwerne Minster  
Dorset  
DT11 8LL  
United Kingdom  
Tel.: +44 (0)1747 813206

C/O Oundle School  
Oundle  
Peterborough  
PE8 4GH  
United Kingdom  
Tel: +44 (0)1832 277176

You can also contact Exsportise Head Office:  
(09.00 - 17.00) Monday – Friday. Tel: +44 (0)1444 444777

If you wish to send a letter or parcel to your child while they are at camp please use the information above and add your child's name to the details. Your child can also send letters or postcards home to you while they are at camp. All they need to do is to hand them into the Centre Administrator who will arrange postage.

**Course Change** – If you or your child decides to change course before they come to camp this can be done by telephone or email. If there is a place available on your new choice of course then the change can be made and a new confirmation will be sent to you.

If, for whatever reason, your child decides that they want to change course while they are at camp then they will need to speak to their sports coach first. If he or she agrees then your child will need to check with the Centre Manager to see if a place is available on the new course. If it is, then you will need to contact us to see if there is an extra charge to pay. Exsportise do not make refunds on courses that are cheaper than the original course booked.

**Damage** – If your child accidentally, or on purpose, causes damage to anything at camp then you will be contacted by the Centre Manager and sent an invoice to pay to cover the cost of any necessary repairs.

**Departing from the centre** – A list will go up 2 days before departure showing all the leaving times for the departing students. The schedule will have been worked out on the basis of the flight or Eurostar departure time, Exsportise always allow plenty of time for the journey and to help with check-in. If your child believes that a mistake has been made and they think their time to leave is wrong they must immediately speak to the Transport Organiser who can check the details and make any changes.

On the day of departure your child must pack all of their belongings and be ready to go by their allotted time or out of their room by 09.00 at the latest. They will then be taken to the airport or Eurostar by taxi, mini bus or in some cases on public transport. They will be helped with check in and a staff member will remain in the airport or station until the plane or train has taken off or left.

**During Camp** – The first day of camp is when Exsportise assess all the students so if your child contacts you to say that the sport/English class had been too easy or not interesting please tell them that they have just been tested to see which sports group or English class they

will be in, the 2nd day will be very different. Also each week at camp is different as the students' hopefully progress on their course.

**Emergencies** – If you have an emergency and need to contact your child, please phone the appropriate number and speak to the Centre Manager first. He or she will either get your child to the phone or relay any message in an appropriate manner.

**Evening Entertainment** – Every evening Exsportise offers a programme of various entertainments for students and staff to take part in. This offers everyone at camp a chance to get to know each other better and to have some fun too. A typical week could include a quiz night, film night, karaoke but every Friday night there is a disco.

**Excursions** – If your child is staying with Exsportise for more than one week they will be able to go on excursions every Saturday and Sunday. On Saturdays Exsportise offers a day out at a Theme Park or Arsenal Emirates stadium in London for some fun and adventure after a week of hard work, The Sunday excursion is usually a visit to a cultural place of interest or maybe the beach, weather permitting, usually there is some time for some shopping too at the end of the day. All excursions are fully supervised by Exsportise staff on approximately a 1 – 6 or 1 - 10 basis, depending on ages.

**Food** – At each meal there is a selection of dishes available to choose from. Obviously the food might not be quite as good as it is at home but all Exsportise staff eats with the students and feeding hungry sports coaches means that what is on offer has to be filling and healthy too and this is what we aim for. If a student stays for more than 1 week and they go on excursions then they will be given a packed lunch to eat while they are off site.

**Hygiene** – Personal hygiene is very important and it is vital that each student has at least one daily shower. Exsportise will tactfully encourage those who Exsportise thinks require some encouragement in this area.

The bathrooms are cleaned daily and the rooms are cleaned and bedding changed every Saturday.

**Homesickness** – If your child has ever suffered from homesickness or if it is their first time at camp and you think they might suffer from homesickness please keep contact to an absolute minimum over the first few days that they are with Exsportise. Exsportise staff is very experienced at dealing with homesickness and Exsportise often find that by the 3rd day the homesickness has vanished.

EXSPORTISE CANNOT OFFER A REFUND IF YOUR CHILD LEAVES CAMP EARLY  
DUE TO HOMESICKNESS

**Insurance** – If your child is ill or has an accident before they come to camp and is therefore unable to attend you may be able to make a claim under Exsportise insurance policy which is included in the cost of your course. Please consult your copy of the policy included in this package, you will see the various sections covered.

**Laundry** – If your child is staying for 1 week then they will need to bring about 7 days worth of clothing. If they are staying for more than one week then Exsportise offers a free laundry service every Wednesday. Clothes will be collected, washed, dried and returned approximately 2 days later as long as they are marked with their name.

**Photography** – During the course of your child's stay Exsportise may take pictures of the students and the facilities for promotional purposes. If you object to this, please contact Head Office.

**Problems** – Exsportise always try to do their very best to make sure that you and your child are fully satisfied with their course and time at camp. However, occasionally things can and do go wrong. If there are any matters that you or your child are dissatisfied with while your child is at camp please contact the Centre Manager or the Centre Administrator immediately. Exsportise will then be in a position to begin to put things right. It is impossible to rectify a problem retrospectively or if Exsportise don't know about it.

**Visits to Centre/ Taking your Child out for a Day/Evening** – You are more than welcome to visit your child when they are at camp or to take them off site for an agreed time. Please contact the Centre Administrator with the date and time of your proposed visit and he/she can then make the necessary arrangements and inform those at the centre who need to know. You will not be able to stay overnight on site but Head Office can provide help in locating suitable accommodation nearby.

**Weather** – Exsportise has some provisions in place if the weather is too wet or too cold to continue outdoors but in general Exsportise continue as normal.

## WHAT TO BRING

Students will need to wear clothing suitable for performing in their chosen sport as well as general sports clothes. In their free time, especially evenings, students are free to wear what they like. It is advisable to bring waterproof clothing and something warm as well as summer clothes. All clothes should be machine washable and suitable for tumble driers and clearly marked with your child's name.

### **General list**

Socks (sports and casual)	Casual clothes	Backpack
Underwear	Nightwear	Water bottle
Outdoor trainers	Swimming	Sun Cream
Indoor shoes/slippers	trunks/shorts/costumes	Adapter plug for any electrical items
Warm clothes	Towels – 2 – one for swimming and one for showers	Phone charger
Tracksuit	Wash bag containing personal toiletries (e.g toothbrush, toothpaste, soap etc.)	Hat/cap – suitable for playing sport in
T-shirts/polo shirts		
Shorts		
Waterproof jacket		

### **Soccer – enough for 5 days**

Football boots more than 6 studs  
Trainers  
Shin pads  
Football socks  
T-shirts  
Shorts

### **Exsportise strongly advise against bringing the following**

Laptops & computers  
(expensive) Jewellery, clothing, luggage or electronic devices  
Excessive amounts of cash money

### **Please ensure that your child does not bring**

Knives  
Cigarettes  
Lighters  
Drugs  
Alcohol



## STUDENT GUIDE

### BEFORE THE START OF CAMP

#### **Can we share rooms?**

So you're coming with a friend and you want to share. The answer is yes, you are allowed to share but Exsportise never know whether this is possible. Make sure your parents made a sharing request. Exsportise does their best but they can't guarantee you will share.

#### **What do I pack?**

Hopefully your parents help you pack – Exsportise has given them a handy list. Make sure you bring enough for the time you're with Exsportise and make sure you pack clothes you need to play your chosen sport. Don't forget the necessary equipment, protective gear and socks! Plenty of socks!

It's a good idea to have your name on your stuff so you can find wherever you leave it. As you will be playing quite a bit of sport, pack a small bag with toiletries. And don't forget the English weather! Bring two towels, sun tan cream and a hat for the warmer days; bring waterproofs for the other days.

#### **Can I bring valuables?**

Depending on what you had in mind, Exsportise do not recommend that you bring any. Exsportise understands that you wish to bring a mobile phone and an iPod, so hand them in with Exsportise for safekeeping.

When you arrive Exsportise asks you to hand in your passport, ticket(s), pocket money anyway. You may as well hand in any valuable items. You can take out pocket money and anything else you leave it to Exsportise every day between 17.00 and 18.00.

#### **How much pocket money do I need?**

Fortunately, Exsportise has given your parents a couple of ideas in this department. Exsportise are sure they will decide this but for your information, Exsportise has given you some average costs for a couple of things here in England. Don't be angry if Exsportise get it slightly wrong though...

Packet of crisps / chocolate bar	50p – £1.00
Can of coke / bottle of Lucozade	£1.00 – £2.00
CD / DVD	£10.00 – £15.00
Football top	£40.00 – £60.00

Remind your parents that Euros are no good in England. You need English Pounds!



### **Do I have to behave in a certain way?**

Of course you do. Exsportise does have some rules and your parents have already signed to say that you understand and respect these rules. Here are the most important rules at Exsportise:

1. Respect! This is the number one rule. You should respect your coaches, your teachers, your friends, your team mates and your opposition.
2. No smoking, drugs or alcohol
3. No fighting or bullying
4. Boys and girls cannot go into each other's houses or rooms.
5. No stealing
6. You cannot leave the camp without permission

Play by these rules and you – and everyone else – should have a really great time. If you decide not to play by these rules, the Centre Manager will decide what to do. Beware that he/she can also send you home if you break the rules.

## **ARRIVING IN THE UK**

### **Who will meet me at the airport?**

This is an Exsportise coach and they always wear an orange shirt or polo. They will also hold up a sign that says 'Exsportise'. They will be waiting in the Arrivals Hall. If you can't find anyone immediately, don't panic – just keep looking for the people in orange.

### **How long will I have to wait before I go to the camp?**

Unless there are exceptional circumstances which are beyond Exsportise control Exsportise will not keep you waiting for more than 2 hours before you are taken to camp. Exsportise organises transport in accordance with flight times so you may have to wait for some other students to join you on the mini bus for departing on the trip to camp. In some instances, due to busy times on our roads, you may be taken to camp using Public Transport.

### **What happens when I arrive at camp?**

We'll call your parents first to let them know you're safe and sound at camp. Exsportise then check you in at the office and this is what we need from you when Exsportise checks you in:

- Passport
- Ticket(s)
- Pocket money
- Any valuable items you wish to keep safe.

Exsportise only keep this stuff safe for you and you can take out pocket money every day between 17.00 and 18.00.

After checking-in Exsportise show you to your room and tell you what's happening next. Now the first day can be a bit scary and strange but don't worry because you'll soon make loads of friends and remember that you can always talk to someone wearing the Exsportise orange.



### **What should I do if I am not happy with my room?**

If your parents have asked for you to share with a friend or relative and this isn't the case, speak to the Centre Administrator or Centre Manager. They will always try to help but sometimes this will have to wait until everyone has checked in.

There are times Exsportise simply cannot put people together but remember that you are only in your room to sleep anyway.

## **DURING YOUR STAY AT CAMP**

### **When do I go to bed?**

That depends on how old you are but generally you go to bed around 21.30 when you're between 10 – 13 and 22.30 when you're older than that.

### **What happens on the first day?**

This is what Exsportise calls assessment day. Exsportise uses the first day to see how good you are. This goes for all the sports and the English lessons, so don't worry if it's a little easy or boring. This is just to put you in the correct level.

Exsportise does not place students together just because they are friends. Exsportise looks at their sports level or their English level. Exsportise understand that you would like to be with your friend a lot but if Exsportise really cannot place you together, it's because of a good reason.

### **What do I do if I want to change course?**

If you are not happy with your course or your chosen sport, you can try to change this by taking the following steps:

1. Speak to your coach – he/she needs to agree first,
2. Speak to the Centre Manager – he/she can see if there's availability in your new course/sport of choice,
3. Speak to your parents – they must agree!
4. Ask your parents to call the Centre Manager.

### **What do I do if I feel homesick?**

The first thing to do is don't worry – this is quite normal. If there's a member of staff that you feel you can talk to, let him/her know how you feel. Remember, they are there for you! Exsportise will do what they can to help you.

### **What do I do if I feel ill?**

You can see the Matron. Her picture is up on the notice board (if you don't know what he/she looks like).



**What if I get injured?**

If it happens when you are playing sport then your coach will be able to deal with it. If you need more medical attention, Exsportise will take you to see Matron.

If you get injured somewhere else, or if you see someone get injured; alert any member of staff immediately.

**What happens if I lose something?**

Go and speak to someone in the office. Exsportise got a Lost and Found so perhaps something's been handed it. Sometimes the Centre Manager hands out items during the meeting.

**What happens on the day of departure**

Pay attention to the departures list to make sure you're on time. This list can be found outside the office. If you think Exsportise has made a mistake with your departure time, please let us know as soon as possible.

You've got to be out your room by 09.00 and you cannot go back, so make sure you have everything. You can pick up your valuable belongings, tickets, remaining pocket money and passport from the office 30 minutes before you leave.

When you are being taken to the airport to train station Exsportise will help you check in. If you have any questions about checking in and what happens at the airport, just ask Exsportise. Exsportise are there to help you.

When someone is picking you up, you can wait by the office. Remember to check out with Exsportise, even if there's nothing to check out. Exsportise like to know you are safe!